

PAR MIGRATION NAVIGATOR (WLB\_GE)

### **PAR MIGRATION NAVIGATOR (WLB\_GE) Socio-cultural and Psychological Predictors of Work-Life Balance and Gender Equality Cross-Cultural Comparison of Polish and Norwegian Families**

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Gender Studies, Psychology, Social Sciences

Research Projects

The research project goals explored WLB (Work-Life Balance) and GE (Gender Equality) issues asking what happens when people migrate from less egalitarian (Polish) to more egalitarian (Norwegian) culture and what facilitates and hinders the shift towards improved WLB and GE. Are they becoming more gender egalitarian? The research consisted of five Work Packages (WPs) that were complement with each other. There were five partners realizing the project – two on Polish side - University of Gdańsk (leader of the whole project) and Polish Academy of Sciences and three on the Norwegian side – International Research Institute of Stavanger (IRIS), Centre for Intercultural Communication (SIK) and University of Stavanger (UiS). All Work Packages involved represented different academic disciplines which allowed us to form multidisciplinary consortium to perform multi-level multidisciplinary research, including comparative sociological and psychological surveys, as well as quasi-experimental designs. The research has received funding from the Polish-Norwegian Research Programme operated by the National Centre for Research and Development under the Norwegian Financial Mechanism 2009-2014 in the framework of Project Contract No. PolNor/202343/62/2013.

Coordinators of the project and leaders of the Work Packages on both the Polish and the Norwegian side have managed the project between 2013-2016. After 3 project years with 40 researchers from 5 institutions and over 2300 participants involved, over 20 publications and over 30 conference papers the report summarizes what has been accomplished within each of the project WP.

Work Packages:

WP 1: QUALITATIVE SOCIOLOGICAL STUDY WITH WORKSHOP METHOD IMPLEMENTATION

WP 2: ACCULTURATION - QUANTITATIVE SCHEME RESEARCH

WP 3: CULTURE, SELF, GENDER EQUALITY AND WLB – EXPERIMENTAL STUDIES

WP 4: MIGRANT COUPLES RE-CONCEPTUALIZING CHILDHOOD AND PARENTING

WP 5: ENCOUNTERS BETWEEN POLISH WORK MIGRANT FAMILIES AND PUBLIC SECTOR IN NORWAY

Based on: [http://www.iris.no/samfunn/pdf%20filer/Summary\\_report%20PAR-project.pdf](http://www.iris.no/samfunn/pdf%20filer/Summary_report%20PAR-project.pdf)

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<https://www.pol-int.org/en/projects/par-migration-navigator-wlbge-socio-cultural-and-psychological?j5Q6rewycZ5HtUDXTWpx7UZE=1>